

## Erectile Dysfunction Quiz

Erectile Dysfunction affects 1 in 5 men. The ED Quiz below is designed to help identify whether Erectile Dysfunction is affecting your sex life. After completing the quiz, bring the results to your physician. Your physician can help to determine if you may have erectile dysfunction and what treatment options are best for you.

### Important questions to ask yourself:

- How do you rate your confidence that you could get and keep an erection?
- When you had erections with sexual stimulation, how often were you erections hard enough for penetration (entering your partner)?
- During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?
- During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?
- When you attempted sexual intercourse, how often was it satisfactory for you?

### OVER THE PAST 6 MONTHS:

		Very Low	Low	Moderate	High	Very High
1. How do you rate your confidence that you could get and keep an erection?		1	2	3	4	5
2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration (entering your partner)?	No sexual activity	Almost never or never	A few times (much less than half the time)	Sometimes (about half the time)	Most times (much more than half the time)	Almost always or always
	0	1	2	3	4	5
3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?	Did not attempt intercourse	Almost never or never	A few times (much less than half the time)	Sometimes (about half the time)	Most times (much more than half the time)	Almost always or always
	0	1	2	3	4	5
4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?	Did not attempt intercourse	Extremely difficult	Very difficult	Difficult	Slightly difficult	Not difficult
	0	1	2	3	4	5
5. When you attempted sexual intercourse, how often was it satisfactory for you?	Did not attempt intercourse	Almost never or never	A few times (much less than half the time)	Sometimes (about half the time)	Most times (much more than half the time)	Almost always or always
	0	1	2	3	4	5

Add the numbers corresponding to questions 1-5.

TOTAL: \_\_\_\_\_

The Sexual Health Inventory for Men further classifies E.D. severity with the following breakpoints: 1-7 Severe E.D. 8-11 Moderate E.D. 12-16 Mild to Moderate E.D. 17-21 Mild E.D.